

## **Safe Prescribing (Subcommittee of Addiction Action Committee)**

### **Meeting Minutes**

May 20, 2019

4:30pm-6:00pm EST

DHSS Herman Holloway Campus

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#### **I. Welcome and Introduction**

Meeting started at 1603

2/26/2018 minutes approved\*\*

#### **II. CDC Grant Metrics**

PMP Use/ co-prescribing update/overview – Jason Slavoski presented

- Almost 8300 users registered with PMP to date
- Intrastate Data Exchange (EHR integration)
  - 34 Healthcare systems/provider practices
  - 85 Pharmacies
- Interstate Data Exchanges (via PMP Interconnect)
  - 31 states and the U.S. DoD
  - 4 more in negotiation
  - DE completes over 1.5 million transactions monthly

Overall Prescribing - Paul

- Opioids and benzodiazepines have a synergistic interaction in depressing respiration that leads to an increase in fatal overdose risk
- 1 in 6 opioid-prescribed Delaware patients have had an overlapping benzodiazepine prescription in 2018
- Analysis of co-prescribing can be done using PMP data and a comprehensive metric: used here - number of overlapping days any patient has a prescription of both drug classes

Scope of co-prescribing in PMP prescriber base:

- 1 out of 7 prescribed opioid days have a benzodiazepine prescription on the same day
- 1 out of 2 co-prescribed days are caused by the same prescriber prescribing both drugs
- 1 out of 2 co-prescribed days involved a group of 100 out of about 2000 co-prescribers

#### **III. Mandatory CME Webinar Update**

Alex Parkoswki stated the PowerPoint slides and script has not been turned into a self-advancing webinar. Final additions are to add an intro and exit video then able to move forward for the accreditation process.

#### **IV. Academic Detailing Update**

Katie Capelli presented

- 43% of targeted sessions have been completed
  - 40 sites to be completed by 8/31/2019
  - 17 sites competed since 5/10/2019

## **V. Provider and Public Outreach and Education Update**

Benzodiazepine Co-Prescribing Informed Consent and Educational Handout

- Material available on HelpsHereDE.com
- Letter and Informed Consent template sent to the Delaware Chapter of the American Academy of Pediatrics for dissemination
- Letter with educational handout sent to Division of Professional Regulations for dissemination to pharmacies
- Informed Consent disseminated to Nemours directly
- Informed Consent and educational handout sent to Delaware Healthcare Association

Pain Management for Youth and Young Adults – Tool kit slated to be distributed by the end of May targeting pediatricians and pediatric dentists.

Non-Opioid Pain Management Initiative – Toolkit developed to educate providers and their patients on alternate options to health care providers that consists of:

- Patient Booklet
- Non-Opioid Pain Management Treatment Factsheets on: Acupuncture, Exercise Therapy, Cognitive Behavioral Therapy, Chiropractic Services, Massage Therapy, Medical Marijuana
- Revising CDC Non-Opioid Treatment for Chronic Pain Factsheet
- Revising Non-Pharmacological Treatment Algorithm Factsheet
- Health Care Provider Videos
- Continued HelpsHereDE.com Enhancements

Provider Toolkit Outreach Plan

- Provider Awareness Campaign
- Media Campaign and Partnerships

HelpsHereDE.com Updates

- Review of analytics on website clicks
- Screenshots of how to use the website

## **VI. Collaboration Opportunities**

- Safe Opiate Stewardship from Christiana
- Delaware Open

## **VII. Public Comment**

No Public Comment

## **VIII. Close Meeting**

Meeting Adjourned at 1718

Next meeting – 08/26/2019